BERRIEN MENTAL HEALTH AUTHORITY
PROCEDURE

SUBJECT: Special Treatment Procedures	SECTION: 01-09-02 Page 1 of 2
APPLICATIONS: Direct Care Staff & Contractors EFFECTIVE DATE: 05/22/96 APPROVED BY: _____ Chief Executive Officer REVISED: 03/02, 03/05, 09/11, 09/12, 6/13	REQUIRED BY: MHC AR

POLICY:
It is the policy of Berrien Mental Health Authority (BMHA) to only use treatment procedures that will result in the well being of our consumers within our scope of care. The use of psychosurgery, painful stimuli behavior modification, electro-convulsive therapy, any form of convulsive therapy or experimental drugs or treatment is prohibited in all programs or sites directly operated by or under contract with the Berrien Mental Health Authority. The use of seclusion and physical restraint is restricted to licensed private hospital settings.

PURPOSE:
To clarify BMHA's position regarding the prohibition of any special treatment procedures in outpatient settings that does not result in the positive well being of our consumers or without the appropriate written informed consent.

STANDARD:
Staff of BMHA shall not engage in special treatment procedures of any kind with regard to consumers, as stated above.

DEFINITIONS:
Special treatment procedures: Include but are not limited to, the following: seclusion; restraint; electroconvulsive therapy and other forms of convulsive therapy; behavior modification procedures that use painful stimuli; unusual medications and investigational and experimental drugs; prescription and administration of drugs for maintenance use that have abuse potential; drugs that are known to involve substantial risk or are associated with undesirable side effects; and research projects that involve inconvenience or risk to the individual.

PROCEDURE:
1) In those cases where medication is used and the medication has substantial risk associated with side effects or potential for addiction or abuse, the consumer, parent or guardian shall be given adequate information to make an informed decision about the use of the drug.
2) The physician staff member will review the informed consent form with the consumer, parent or guardian and discuss the benefit and risks associated with the drugs used. The physician will ask the consumer, parent or guardian to review the form and sign to acknowledge understanding of the benefits and risks associated with the use of the drug.

3) Medication is only used with consumers when benefits are expected and when expected benefits will outweigh the risk of use.
4) No consumer will be required to take a medication against his or her will except when ordered to do so by a court.
5) Emergency interventions may be used to prevent consumers from harming themselves or harming other consumers or staff. Emergency interventions are approved physical management techniques that may only be used by staff members who have been trained in the appropriate use of these techniques and can demonstrate competence in their use. Whenever these techniques are used, they may only be used in relationship to an emergency or as approved by the person-centered treatment plan. Emergency intervention techniques may never by used to punish, harm, or embarrass the consumer in any way. (See procedures

FORMS: Formal Consent

RELATED PROCEDURES:
01-03-02 Behavior Treatment Committee
02-03-05 Challenging Behaviors and Other Psychiatric Services.
01-03-01 Consent to Treatment and Services

REVIEWER: Office of Recipient Rights
REVIEWED: 5/2007, 3/08, 3/09, 6/10, 9/11, 9/12, 6/13, 3/14, 5/15, 7/16, 4/17, 7/18, 5/19, 4/2020, 9/2021, 7/2022, 8/2023, 8/2024, 8/2025